

Science Skills Boot Camp

Workshop 4: Resources Available to NCI- Frederick Summer Students

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www.training.nih.gov

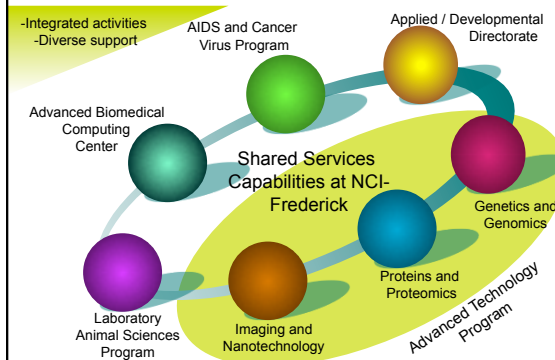
Resource categories

- Research resources
- Science skills
- Career development
- Administrative problems
- Technical problems
- Personal health and happiness
- Interpersonal support
- Social resources

Research resources (1): NCI-Frederick Library (Building 549)

- Access to >7,000 journals, >12,000 books, Internet resources, and > 220 online databases
- Document delivery
- Reference and research assistance
- Training programs
- Translation services
- Writing assistance services
- Library tours

Research resources (2): World Class Laboratories



Research resources (3): The people

Your best resource for everything!!

- Your mentor(s)
- Members of your research group
- Other students and fellows
- People you meet at seminars, workshops, and journal clubs

For a list, refer to the NCI-SIP App or visit
<http://ncifrederick.cancer.gov/News/Feature/StudentActivities.aspx>


Science skills resources

- Your mentor and research group members
- IC training events
- OITE workshops
 - Creating and presenting dynamic posters- June 29th!
- OITE Webinars (www.training.nih.gov)
 - Keeping a lab notebook
 - Guidelines for writing professional email
 - Guidelines for attending your first scientific meeting
 - Lab math




Career development resources

- Your IC training office
- OITE
 - Workshops and seminars
 - Pre-professional advisor Dr. William Higgins
 - Career counseling
 - Career library
- Everybody around you!




Administrative problems

- Your lab secretary/manager
- Summer coordinator – Julie Hartman
hartmanjb@mail.nih.gov
- Your administrative officer (AO) –Administrative Resource Center (ARC)
- Debbie Cohen, OITE summer coordinator
cohend@mail.nih.gov




Technical problems

- Computer help:
 - NCI-Frederick Computer Helpdesk
 - Submit Online requests:
<http://css.ncicrf.gov/helpdesk/>



Personal health and happiness (1)

- Frederick Memorial Hospital – 400 West 7th Street, 240-566-3300
- Occupational Health Service (OHS), 301-846-1096
 - Preplacement evaluations
 - Occupation-related medical care
- CPT Jennifer J. Shafer Odom Fitness Center
 - Building 1507 (Fort Detrick)
 - No Charge



Personal health and happiness (2)

- NIH Employee Assistance Program (EAP)
 - Short-term counseling
 - Coaching
 - Disability management
 - Health and wellness consultation
 - Crisis intervention
 - Referrals

Free, confidential services!
<http://ncifrederick.cancer.gov/Staff/Eap.aspx>



Interpersonal support resources

- Your mentor and alternate mentors
- IC training directors
- OITE staff
 - Sharon Milgram, Director
milgrams@mail.nih.gov
 - Pat Sokolove, Deputy Director
sokolovp@mail.nih.gov
 - Debbie Cohen, Summer Program Coordinator
cohend@mail.nih.gov
- Office of Ombudsman, Center for Cooperative Resolution



What if something really bad happens?

You are not alone!

- Your principle investigator
- Your IC training director
- Dr. Sharon Milgram, OITE Director
- Dr. Pat Sokolove, OITE Deputy Director




Diversity resources (1)

- NCI-Frederick Employee Diversity Team:
<http://diversity.ncifcrf.gov/>
- Office of Equal Opportunity and Diversity Management (OEODM)
<http://oeodm.od.nih.gov/>
- NIH Black Scientists and Friends Network
Contact Dr. Roland Owens
owensrol@mail.nih.gov (301) 594-7471
- NIH Hispanic Employee Organization
<http://heo.nih.gov/>




Diversity resources (2)

- SACNAS- Advancing Hispanics/Chicanos and Native Americans in Science
Contact Dr. Erika Barr
Erika.Barr@nih.gov (301) 451-2164
- Asian and Pacific Islander American Organization (APAO) <http://www.recgov.org/r&w/apao/>
- Association for Women in Science (AWIS)
<http://www.awisbethesda.org/>
- NIH salutaris
NIH gay, lesbian, bisexual, transgender employees' forum: <http://www.recgov.com/salutaris/index.html>



How do I know what's going on this summer?

- NCI SIP App (search for NCI SIP on device)
- Summer handbook -
https://www.training.nih.gov/assets/2011_Summer_Handbook.pdf
- NCI-Frederick Activities Page:
<http://ncifrederick.cancer.gov/News/Feature/StudentActivities.aspx>
- OITE Web site
www.training.nih.gov



Ways to meet other summer students

- Summer Student Seminar Series – Tuesday's at Noon in Building 549 Auditorium (with pizza!)
- Summer Student Journal Clubs
- Research seminars
- The many activities listed on the NCI SIP App and Summer Student Activity web page.